

Triticale

Triticosecale Whittmack

Non-GMO Sprouting/Micro Greens

Triticale is a hybrid of Wheat (*Triticum*) and Rye (*Secale*). It is a little sweeter than wheat, hardy, easy to sprout and grow, and very nutritious. Makes a great grain to store as emergency food storage. This sweet juicy sprout is perfect for juices and smoothies. It is also tasty and nutritious fodder for chickens, cats and rabbits – they love it!

Seeding Rate:

Indoor: 8-12 oz./ 10"x 20" tray

Outdoor: 70-100 lbs./acre

How to Grow: Soak seeds overnight. Drain and rinse. Sow in well drained loamy soil (hydroponic or coco-coir mediums can also be used). Spread seed evenly across moist medium. Mist the seeds twice daily and cover until germinated (1-2 days). Water trays from bottom up and place under grow lights for 17 hours daily. Harvest in 6-10 days at about 4" tall. Cut with sharp knife or scissors just above soil line. The microgreens can be stored in the refrigerator in a sealed container for up to one week.

Cover Crops: Triticale is a beneficial cover crop that will increase soil fertility, quality and productivity. It aids in weed suppression and helps control pests and corrosion. Triticale features rapid growth, a robust root system, dense canopy, excellent winter hardiness and strong disease resistance. It is also highly adaptable.

Nutritional Value: Sprouting seeds are richer in protein, folate, magnesium, phosphorus, manganese and vitamins C and K than un-sprouted plants. The vitamin and mineral content varies based on the variety of the sprouting seeds. Sprouts offer a powerful source of vitamins, minerals, antioxidants, and enzymes that fight free radicals because sprouting can increase their potency by 20 times or more.



A fully certified organic and non-GMO variety



Growth Habit	Germination Rate Days	Days to Maturity	Temperature Range	Nitrogen Required	Plant Height	Row Spacing	Light Requirement	Plant in Field	Certified Non-GMO
bunchgrass	Fast 1-2 days	Fast 6-10 days	Mild 65°-70°F	Medium 6.5-7.5	Sprouts 4-5"	Sprouts .25-.50"	Full Sun (after sprouted)	height 36-60"	Yes

30684 Hwy 34
Albany, Oregon 97321
www.baileyseed.com



Toll Free: 800-407-7713
Phone: 503-362-9700
Fax: 503-362-1705